

Order of Events
Austin High School Invitational
April 10th, 2010

8:30 Officials Meeting At Check-In tent
8:45 Coaches Meeting At Check-In tent

Field Events:

9:00	Pole Vault	Girls followed by Boys
	Long Jump	Girls
	Triple Jump	Boys
	Shot Put	Girls followed by Boys
	Javelin	Girls followed by Boys (INFIELD)***
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12:00	High Jump	Girls followed by Boys***
	Long Jump	Boys
	Triple Jump	Girls
	Discus	Girls followed by Boys

9:00 AM (Rolling Starts-Girls followed by Boys)

4x800m Relay
4x100m Relay
400m
1600m
100/110m Hurdles
100m
800m
200m
300m Hurdles
3200m
4x400m Relay

NOTE THAT JAVELIN IS ON THE FIELD OF TRACK.

JAVELIN COMPETITORS WILL CHECK IN AT THE END OF FIELD NEAREST FINISH LINE & SHOTPUT RING. NO ONE SHOULD ENTER IN-FIELD.

ALL WARM-UPS WILL BE ON PRACTICE FIELD NEXT TO POLE VAULT & JUMP PITS.

Note that competitors must compete with their own implements.
Rules on electronics, uniforms, & jewelry will be enforced.

MINIMUMS:

	VG	VB
Pole Vault	6'	8'
High Jump	4'4"	5'4"
Javelin	70'	100'
Discus	60'	80'
Shot Put	25'	35'
Long Jump	12'	17'
Triple Jump	25'	33'